

First Mennonite Church's Annual Food Drive

Please bring your donations (food or funds) to church on October 8, Thanksgiving Sunday.

Cheques can be made out to the:

Calgary Food Bank

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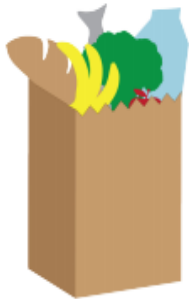
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**CALGARY
FOOD BANK**

Donation Wishlist

Empty calories shouldn't feed empty bellies



FRESH FOOD

These items must be donated directly to the Calgary Food Bank Warehouse Door #3 to ensure they are distributed in a timely matter while still fresh.

SPECIALTY HAMPERS

We provide items for those with Celiac Disease, Diabetes, Prenatal considerations and Renal issues.

Consider donating gluten-free, low sodium, sugar-free:

- Baby food in jars
- Formula with Iron
- Pull-top meals and soups

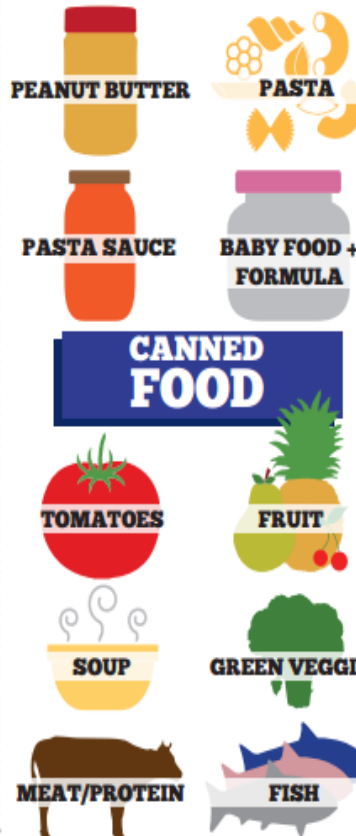
NOT SURE WHAT TO DONATE?

Our clients are our neighbours. Think about what you and your own family enjoy or use often.

HOW TO DONATE

- 1 Drop off non-perishable food in the Calgary Food Bank donation bins at any major grocery store.
- 2 Drop off fresh or non-perishable donations directly to the Calgary Food Bank Warehouse:
5000-11 Street SE, Food Donations Door #3
- 3 Hold a Food Drive and have your non-perishable food picked up by our drivers.

Help us meet Canada's Food Guidelines by donating items on our wishlist:



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5000-11 Street SE | Phone: 403.253.2059

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